


# Menu Allergens for WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR



Warning! The additional allergen types (or sub allergens) indicated for Gluten and Tree Nuts may not be provided or available for all suppliers and should be used only to inform what is definitely included, but not be relied upon for exclusion in items which contain or may contain Gluten or Tree Nuts.

Filter

Dishes	Contains Allergen																											
	Gluten	Wheat*	Rye*	Barley*	Oats*	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Almonds*	Brazil Nuts*	Cashews*	Hazelnuts*	Macadamia*	Pecan*	Pistachio*	Walnuts*	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens	
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>ENCHILADAS Served with Wholegrain Rice &amp; Sweetcorn - Stir - KS1</b>	Y	Y																										
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>ENCHILADAS Served with Wholegrain Rice &amp; Sweetcorn - Stir - KS2</b>	Y	Y																										
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR	Y	Y																										

Dishes	Contains Allergen																											
	Gluten	Wheat*	Rye*	Barley*	Oats*	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Almonds*	Brazil Nuts*	Cashews*	Hazelnuts*	Macadamia*	Pecan*	Pistachio*	Walnuts*	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens	
TEX MEX CHICKEN Served with Homemade Nachos, Rice & Sweetcorn STIR - KS2																												
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR Jackets 40's & Assorted Toppings - STIR - KS1							Y														Y	Y						
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR SWEET POTATO & LENTIL ROAST Served with Crispy Roasties, Broccoli & Gravy - Stir KS2	Y	M		M	Y																							
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR Chocolate Sponge & Custard - STIR - KS1	Y	Y																			Y	Y						
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR Roast Gammon, Roasties, Broccoli, Gravy - Stir - KS1																												
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR COURGETTE & SWEETCORN	Y	Y																			Y							

Dishes	Contains Allergen																											
	Gluten	Wheat*	Rye*	Barley*	Oats*	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Almonds*	Brazil Nuts*	Cashews*	Hazelnuts*	Macadamia*	Pecan*	Pistachio*	Walnuts*	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens	
<b>FRITTERS Served with Chips &amp; Garden Peas - STIR - KS2</b>																												
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>Chocolate Sponge &amp; Custard - STIR - KS2</b>	Y	Y																			Y	Y						
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>Jackets 40's &amp; Assorted Toppings - STIR - KS2</b>							Y														Y	Y						
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>COTTAGE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas &amp; Gravy - STIR - KS1</b>	M	M		M																								
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>TEX MEX CHICKEN Served with Homemade Nachos, Rice &amp; Sweetcorn STIR - KS1</b>	Y	Y																										
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>VEGETABLE PIE TOPPED WITH</b>	M	M		M																								

Dishes	Contains Allergen																											
	Gluten	Wheat*	Rye*	Barley*	Oats*	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Almonds*	Brazil Nuts*	Cashews*	Hazelnuts*	Macadamia*	Pecan*	Pistachio*	Walnuts*	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens	
34 of 34 ROOT VEGETABLE MASH Served with Green cabbage, Peas & Gravy - STIR - K...																												
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR Jelly & Fruit KS1																												
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR SWEET POTATO & LENTIL ROAST Served with Crispy Roasties, Broccoli & Gravy - Stir KS1	Y	M		M	Y																							
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR GOLDEN FISH FINGERS Served with Chips & Baked Beans - STIR - KS2	Y	Y						Y																				
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR Rice pudding and Jam - STIR - KS2																						Y				Y		
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR VEGETABLE JAMBALAYA Served with Green Beans - STIR - KS2																												

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<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>PENNE PASTA WITH TOMATO SAUCE - STIR - KS1</b>	Y	Y		M																							
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>COURGETTE &amp; SWEETCORN FRITTERS Served with Chips &amp; Garden Peas - STIR - KS1</b>	Y	Y																			Y						
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>COTTAGE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas &amp; Gravy - STIR - KS2</b>	M	M		M																							
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>VEGETABLE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas &amp; Gravy KS1</b>	M	M		M																							

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<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>PIZZA PINWHEELS Served with Garlic &amp; Herb Wedges, Green beans - STIR - KS2</b>	Y	Y																		Y	M	Y						
<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>Fruit Salad Portion - STIR - KS2</b>																												
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<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>VEGETABLE JAMBALAYA Served with Green Beans - STIR - KS1</b>																												
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Dishes <span style="float: right;">34 of 34</span>	Contains Allergen																											
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<input type="checkbox"/> AUTUMN/WINTER - 2024/25 - STIR <b>Shortbread Biscuits - STIR - KS2</b>																												
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<input type="checkbox"/> WEEK 1 - PRIMARY AUTUMN/WINTER - 2024/25 - STIR \ PRIMARY AUTUMN/WINTER - 2024/25 - STIR <b>Jelly &amp; Fruit KS2</b>																												
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