



# What can the ACL Family Learning Team do for you?

Rob Beckett's reflection on his parenting experiences

“Oh, when we go on this holiday, that will be the magical family moment,” But I think I've realised that the kids enjoy it just as much if you're hanging around with them and placing more emphasis on being there, rather than working hard to save money for a big Disney thing. They don't care, and just being with them is way more enjoyable for everyone.”

ACL provide FREE sessions to support you and your family with tips and tricks, as well as having loads of fun.



## **Family Fun Sessions**

Family fun sessions could include Arts & Crafts, Lego, Cooking, Science, as well as Festive Events. These sessions are a great way for children to learn and interact



## Family Support

How can ACLs Family Learning team support you and your family?

- First Aid
- Zone of Regulation
- Supporting Teens Wellbeing
- Positive Parenting
- SEND (including specialist workshops on ASD, ADHD)
- And more!



**How can you find out more?**

[Visit our website and find out more](#)

[Subscribe to our Family Learning Newsletter](#)